



BRIDGES OF PULMONOLOGY 2023



The meeting
will be awarded with
20 credits
of continuing
medical education
(CME)



The first patient-centered
scientific conference in Greece

City of
Patras
Greece

JUNE
9th-11th

ROYAL THEATER

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**FINAL
PROGRAMME**



946 ΠΕΡΙΣΣΟΤΕΡΕΣ ΑΓΚΑΛΙΕΣ ΤΗΣ ΓΙΑΓΙΑΣ

**ΧΑΡΗ ΣΤΗΝ ΠΡΟΣΤΑΣΙΑ ΠΟΥ ΕΞΕΙΣ ΠΑΡΕΧΕΤΕ
ΣΕ ΑΣΘΕΝΕΙΣ ΜΕ ΘΡΟΜΒΩΣΗ ΣΧΕΤΙΖΟΜΕΝΗ ΜΕ ΚΑΡΚΙΝΟ (CAT)¹**

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κυκλοφορίας στην Κύπρο: Novagem Ltd,
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Τηλ: +30 210 6187742, Fax: +30 210 6187522
Email: medinfo.gr.cy@bayer.com
Αρ. ΓΕΜΗ 000299101000

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1. Trimbow® συσκευή εισπνοής NEXThaler® ΠΧΠ
2. Voshaar T. et al. J Aerosol Med Pulm Drug Deliv. 2014;27(5):363-370

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scientific conference in Greece

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BRIDGES OF PULMONOLOGY 2023

WELCOME LETTER

Dear colleagues,

During the last years, the specialty of Pulmonology has been highlighted as of key importance and established in the consciousness of the medical world and society as a front-line specialty.

The Department of Respiratory Medicine at the University of Patras, having extroverted orientation, responds to the increased needs for scientific training & education by organizing the hybrid Congress: "**Bridges of Pulmonology 2023**", which will be held on **June 9-11, 2023**, in **Patras**, at the **Royal Theater hall**.

Our conference will be the first patient-centered scientific forum in the field of Greek respiratory medicine, where international speakers and several world-wide and national experts will share their scientific views within patient-centered scientific sessions, that will address patients' needs and expectations not only scientifically, but also with empathy and compassion

The Congress also aims to unite different medical specialties & scientific communities with a modern holistic approach to patients with respiratory diseases, in order to achieve their treatment optimization. It includes rich topics that not only respond to key clinical issues but also extend to the area of translational and basic research, highlighting the importance of mechanistic thinking in the diagnosis and treatment of the respiratory patient. At the same time, practical training in basic techniques of emergency medicine and interventional pulmonology is being possible through modern interactive seminars (hands-on workshops). Thus, doctors of all specialties will gain benefits in the management of the complex respiratory patient.

With the hope and anticipation that this Congress will help building communication "bridges" and exchanging of scientific opinions among:

- a. physicians and patients' groups enhancing disease awareness, providing disease education and advancing care
- b. the medical specialties of Pulmonology, Cardiology, Pathology, Rheumatology, Neurology, Oncology, Nephrology, Allergology, ENT, General Medicine and Intensive Care
- c. primary and tertiary care health

I will be looking forward to your participation in a constructive three-day Congress. Within the era of precision medicine we should never forget that patients should lie at the core of decision making and disease management.

Argyrios Tzouvelekis MD, PhD, MSc



*Associate Professor of Internal and Respiratory Medicine
Head Department of Respiratory Medicine
University of Patras, Greece
Associate Professor Adjunct, Yale School of Medicine, USA*



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BRIDGES OF PULMONOLOGY 2023

SCIENTIFIC PROGRAM

FRIDAY

9th June
2023

PARALLEL HALL

08:00-09:00 HANDS ON COURSE ON TRANSTHORACIC ULTRASOUND



Ioannis Kalomenidis



Charalambos Varsamas

09:00-10:00 HANDS ON COURSE ON CARDIOPULMONARY REHABILITATION



Andreas Asimakos



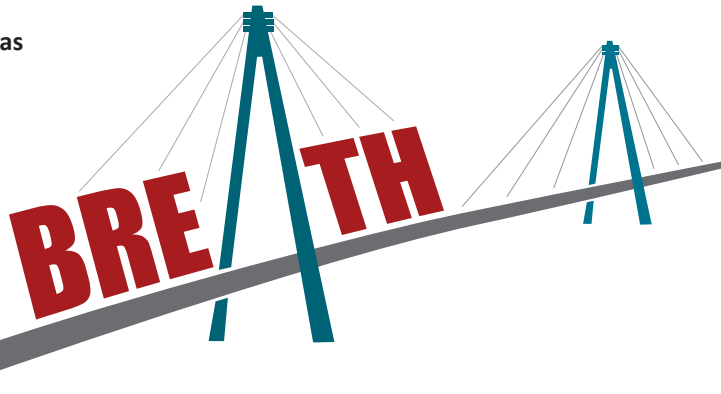
Vasiliki (Vicki) Georgiopoulos



Athanasios Moulis



Roula Spetsioti





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SCIENTIFIC PROGRAM

FRIDAY

9th June 2023

MAIN HALL

10:15-11:30 **ADVANCES IN RESPIRATORY PHYSIOLOGY AND RADIOLOGY**
Chairpersons: Nikolaos Koulouris, Aphrodite Boutou, Mata Tsirikla, Anastasios Tsatsos



1. Assessment of respiratory muscles, DLCO and static lung volumes
Anastasios Kallianos



2. Advances in assessment of small airway disease
Dimitrios Toumpanakis



3. Advances in the management of respiratory failure
Adamantia Sotiriou



4. Interpretation of HRCT patterns
Odyssefs Romanos

11:30 - 12:00 **COFFEE BREAK**

12:00-14:00 **BRIDGES OF PULMONOLOGY WITH INFECTIOUS DISEASES**
Chairpersons: Markos Marangos, Ioannis Kioumis, Karolina Akinosoglou



• **Keynote Lecture:**
Current challenges and advances in SARS-COV2 vaccines
Theodoros Vassilakopoulos



1. Challenges and advances in the management of community acquired pneumonia
Adamantia Liapikou



2. Challenges and advances in the management of hospital-acquired respiratory tract infections
Stelios F. Assimakopoulos



3. Challenges and advances in the management of hospitalized Covid19 patients
Garifallia Poulakou



4. Challenges and Advances in the management of Drug-resistant Tuberculosis
Charalampos Moschos

Commentators: Vasiliki Georgakopoulou, Maria Lagadinou

JUNE, 9th-11th 2023, Royal Theater, City of Patras

BRIDGES OF PULMONOLOGY 2023

FRIDAY

9th June
2023

SCIENTIFIC PROGRAM

14: 00-15:00 LUNCH BREAK

15:00-15:40 **Industry Symposium** BOEHRINGER INGELHEIM (page 18)

15:40-16:10 **Industry Lecture** GILEAD (page 18)

16:10-17:00 COFFEE BREAK

17:00-17:30 **Industry Lecture** MENARINI (page 18)

17:30-18:10 **Industry Symposium** ELPEN (page 18)

18:10-18:30 COFFEE BREAK

18:30-19:00 **Keynote Lecture**
Chairperson: Katerina Dimakou



Management of Non-cystic Bronchiectases –
Current and future challenges
James Chalmers

19:00-19:30 **Keynote Lecture**
Chairpersons: Steve Jones, Spyros Panagiotopoulos



Towards a patient-centered approach of lung fibrosis
Marlies Wisjenbeek

19:30-21:00 **OPENING CEREMONY**

19:30 20:00 **Keynote Lecture**
Chairpersons: Theodoros Vassilakopoulos, Ioannis Pneumatikos,
Fotini Fliggou



Determinants of respiratory drive
Dimitris Georgopoulos

20:00-21:00 **Salutations**

- Ecumenical Patriarch Vartholomaios
- Charalampios Bonanos
- Konstantinos Peletidis
- Ioannis Karvelis
- Dimitrios Bakos
- Christos Bouras
- Anna Mastorakou
- Stylianos Loukides
- Katerina Koutsogianni

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SCIENTIFIC PROGRAM

SATURDAY

10th June 2023

08:20-10:15 **BRIDGES OF PULMONOLOGY WITH CARDIOVASCULAR DISEASES**

Chairpersons: Periklis Davlourous, Georgios Giannakoulas, Konstantinos Gourgoulianis

- The patient perspective: Podcast



- **Keynote lecture:**
Current status and challenges of Lung Transplantation in Greece
Iraklis Tsagkaris



1. Challenges in the risk assessment and treatment of Acute Pulmonary Embolism
Stavros Konstantinidis



2. Current challenges in the management of Group 4 pulmonary hypertension (CTEPH)
Demosthenes Papamatheakis



3. Current challenges in the risk assessment and treatment of Group 1 Pulmonary Arterial Hypertension
Georgia Pitsiou



4. Current challenges in the management of Group 2 pulmonary hypertension
Niki Vlassopoulou



5. Current challenges in the management of Group 3 Pulmonary Hypertension
Ioanna Mitrouska

Commentators: Aphrodite Boutou, Frantzeska Frantzeskaki, Nikolaos Papaioannou, Athinagoras Theofilatos

10:15-10:45 **Industry Lecture** GUIDOTTI (page 19)

10:45-11:25 **Industry Symposium** ASTRAZENECA (page 19)

11:25-11:40 **COFFEE BREAK**

JUNE, 9th-11th 2023, Royal Theater, City of Patras

BRIDGES OF PULMONOLOGY 2023

SATURDAY

10th June
2023

SCIENTIFIC PROGRAM

**11:40-12:40 THE MULTIDISCIPLINARY APPROACH OF THE COMPLEX
RESPIRATORY PATIENT**

Chairpersons: **Stamatis-Nick Liossis, Petros Sfikakis, Elissavet Chroni**



1. Vasculitides with renal and lung involvement
Dimitrios Daoussis



2. Autoimmune induced lung injury
Theodoros Dimitroulias



3. Lung complications of neuromuscular disorders:
Dimosthenis Lykouras

Commentators: **Konstantinos Melissaropoulos, Dimitrios Karokis,
Odisseas Kargiotis, Andreas Bounas**

12:40 -13:10 Industry Lecture

MENARINI (page 19)

13:10-14:45 BRIDGES OF PULMONOLOGY WITH ONCOLOGY

Chairpersons: **Eleftherios Zervas, Ioannis Gkiozos,
Athina Christopoulou**

- The patient perspective: Podcast (3')



- **Keynote Lecture:**
Screening for Lung Cancer- Are we there yet?
Georgia Hardavella



1. Targeted Therapy, Immunotherapy Propel 10 years of progress in NSCLC
Thomas Makatsoris



2. Translational concept of Immuno-radiobiology
Zoi Kalaitzi



3. Implementing smoking cessation within cancer treatment
Paraskevi Katsaounou

Commentators: **Serafeim Chrysikos, Fotios Sampsonas**

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SCIENTIFIC PROGRAM

JUNE, 9th-11th 2023, Royal Theater, City of Patras



SATURDAY **10th June**
2023

14:45-17:00 LUNCH BREAK

17:00-18:45 **CHALLENGES AND ADVANCES IN INTERSTITIAL LUNG DISEASES**
Chairpersons: Argyrios Tzouvelekis, Demosthenes Bouros, Aikaterini Antoniou, Zoe Daniil

- The patient perspective: Podcast (3')



• **Key Note Lecture**
REMAP-ing Interstitial Lung Diseases
Gisli Jenkins



1. What's in a name - Splitting Pulmonary Fibrosis
Naftali Kaminski



2. Genetic screening of ILD patients
Pro: **Efrosyni Manali**



Con: **Kerri Johansson**



3. Anti- fibrotics for the management of fibrotic HP and CTD-ILDs.
Only in progressive disease
Pro: **Paolo Spagnolo**



Con: **Vasilios Tzilas**

Commentators: Antonios Charokopos, Ilias Dimeas, Paschalis Ntolios, Ioannis Tomos

BRIDGES OF PULMONOLOGY 2023

SATURDAY

10th June
2023

SCIENTIFIC PROGRAM

18:45-19:15 **Industry Symposium**

CHIESI (page 19)

19:15-19:30 **COFFEE BREAK**

19:30-21:15 **ADVANCES IN CHRONIC OBSTRUCTIVE LUNG DISEASES**

Chairpersons: **Georgios Hillas, Andrianna Papaioannou, Konstantinos Samitas**

- The patient perspective: Podcast (3')



- **Keynote Lecture:**
Novel therapeutic targets in Chronic Obstructive Lung Diseases
Apostolos Bossios

1. Stepwise or hit hard approach in COPD



Evangelia Fouka (Stepwise)



Konstantinos Kostikas (Hit hard)

2. Biologics versus triple therapy in severe asthma



Geoffrey Chupp (Biologics)



Petros Bakakos (Triple therapy)

3. Biologics versus surgical treatment of Chronic rhinosinusitis with nasal polyps



Fotios Psarros (Biologics)



George Psychogios (Surgical treatment)

Commentators: **Emmanouel Manos, Panagiotis Boglou, Georgios Krommydas**

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SCIENTIFIC PROGRAM

JUNE, 9th-11th 2023, Royal Theater, City of Patras



SUNDAY

11th June
2023

09:00-11:00

ADVANCES IN INTERVENTIONAL PULMONOLOGY

Chairpersons: Gregory Stratakos, Fotios Sampsonas, Stavros Anevlavis



- **Keynote Lecture:**
Rationale and good clinical practice in interventional Pulmonology
Semra Bilaceroglu



1. The role of Cryobiopsies versus VATS in the diagnosis of Interstitial Lung Diseases

Nikolaos Koufos (Cryobiopsies)



Levon Toufexian (VATS)



2. Peripheral Lung Nodule: Bronchoscopic vs Interventional Radiology management

Nektarios Anagnostopoulos (Bronchoscopic)



Loukas Thanos (Interventional radiology)



3. Spontaneous Pneumothorax - Ambulatory vs Thoracoscopic management

Philippe Emmanouil (Ambulatory)



Konstantinos Vachlas (Thoracoscopic)

Commentators: Stavros Anevlavis, Leonidas Papastavrou,
Vasileios Skouras

11:00-11:20 COFFEE BREAK

BRIDGES OF PULMONOLOGY 2023

SUNDAY

11th June
2023

SCIENTIFIC PROGRAM

11:20-12:00 **Industry Symposium**

GLAXOSMITHKLINE (page 20)

12:00-13:30 **WHAT IS NEW IN SLEEP DISORDERS?**

Chairpersons: Paschalis Steiropoulos, Sofia Schiza, Kyriakos Karkoulias

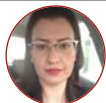
- The patient perspective: Podcast



- **Keynote Lecture:**
Novel therapeutic approaches in OSAHS - Targeting beyond CPAP:
Marisa Bonsignore



1. The Bidirectional Relationship between Sleep and Immunity against Infections
Georgia Trakada



2. Sleep apnea and obesity hypoventilation syndrome
Kiriaki Cholidou



3. Sleep deprivation
Nikolaos Oikonomou

Commentators: Athanasios Voulgaris, Eirini Zarkadi, Dervas Agisilaos
Dimosthenis Lykouras

13:30-14:30 **YOUNG INVESTIGATOR SESSION - 2022 - YEAR IN REVIEW**

Chairpersons: James Chalmers, Eirini Vasarmidi,
Theodoros Karampitsakos



1. Thinking outside the box – Commonalities between lung and liver fibrosis
Antonis Chatzigeorgiou



2. Cytokine networks in respiratory homeostasis and disease
Evangelos Andreakos



3. Redefining therapy in early COPD
Vanessa Bellou



4. Advances in the treatment of Bronchiectasis
Ourania Papaioannou



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SUNDAY

11th June 2023

14:30-15:15 **LUNGS ON FIRE – INTERESTING CASE REPORTS FROM THE EVERYDAY CLINICAL PRACTICE**

Chairpersons: George Efraimidis, Gerasimos Apolonatos, Stylianos Vittorakis

Case 1: 36 years old female with non-productive cough and low grade fever



Christopoulos Ioannis



Kyriazis Christos

Case 2: 61 years old male with acute respiratory distress



Koulousousa Electra



Kamperou Thanoula

Case 3: 75 years old male with fever and dyspnea



Theochari Eva



Gkogkou Natassa

Case 4: 39 years old male with dry cough and low-grade fever



Efraimidis Georgios



Komninos Dimitrios

Commentators: The names of the commentators are marked with a star* at the faculty list

15:15-15:30 **CLOSING CEREMONY- CONCLUDING REMARKS**

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INDUSTRY SYMPOSIA / LECTURES

FRIDAY **9th June**
2023

15:00-15:40 Industry Symposium
Managing patients with pulmonary fibrosis in daily clinical practice
Chairpersons: **Argyrios Tzouvelekis, Stamatis-Nick Liossis**



The Pulmonologist's perspective
Efrosyni Manali



The Rheumatologist's perspective
Theodoros Dimitroulas

Discussion of case studies

15:40-16:10 Industry Lecture
Chairperson: **Markos Marangos**



Antiviral treatment in COVID-19 disease: How the latest data lead the disease management for special populations
Argyrios Tzouvelekis

17:00-17:30 Industry Lecture
Chairperson: **Petros Bakakos**



The importance of dual bronchodilation twice daily, in the quality of life of patients with COPD
Eleftherios Zervas

17:30 -18:10 Industry Symposium
The role of tiotropium and pirfenidone on the remodeling of chronic lung diseases
Coordinator: **Argyrios Tzouvelekis**



Retrieve study: the benefit of tiotropium on COPD patients,
Fotios Sampsonas



Early diagnosis and therapeutic approach in idiopathic pulmonary fibrosis: Does it matter?
Athena Gogali

JUNE, 9th-11th 2023, Royal Theater, City of Patras

BRIDGES OF PULMONOLOGY 2023

INDUSTRY SYMPOSIA / LECTURES

SATURDAY **10th** June
2023

10:15-10:45

Industry Lecture

Chairperson: **Demosthenes Bouros**



Dual bronchodilation in the management of patients with COPD -
The importance of simplifying the treatment regimen
Andrianna Papaioannou

10:45-11:25

Industry Symposium

The current management of patients with chronic
obstructive pulmonary disease



Chairperson: **Georgios Hillas**



Could biological factors be the bridge that leads us to clinical
remission in severe asthma?
Ilias Papanikolaou



Cardiopulmonary risk and the importance of early intervention
in the treatment of COPD
Stavros Trifon

12:40-13:10

Industry Lecture

Coordinator: **Argyrios Tzouvelekis**



COPD management in the era of triple therapy
Antonios Christopoulos

18:45-19:15

Industry Symposium

Triple therapy in COPD management

Coordinator: **Stylianos Loukides**



Before and after acute exacerbations
Alberto Papi



Presenting a clinical case
Dionysios Papalexatos



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SUNDAY

11th June
2023

11:20-12:00

Industry Symposium

The multiple manifestations of T2-high inflammation and the role of IL-5 in:



Severe asthma
Dionysios Papalexatos



EGPA
Dimitrios Daoussis



Hypereosinophilic Syndrome
Ioannis Kotsianidis



Bridging Specialties
Speaker & Chairman: Argyris Tzouvelekis

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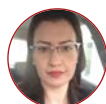
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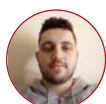
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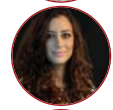
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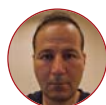
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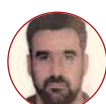
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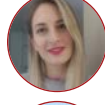
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Zervou Emmanouella *
Resident of Pulmonology

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BRIDGES OF PULMONOLOGY 2023

General Information

The Hybrid Congress will be held from Friday June 9th to Sunday June 11th, 2023, with physical presence and online participation.

LOCATION

Royal Theater

Address: 51 Dymeon Coast st, 2633 City of Patras, Greece

Tel: 003 2610 310120

REGISTRATION

Registration for the Conference is mandatory, in order for someone to receive the respective Certificate of Attendance. Registration may take place through the online platform, by completing the registration form on the following link:

<https://www.eventora.com/el/Events/PneumologyBridge2023>

or on-site at the secretariat during the Conference.

By filling out the form in the above link, you will receive a digital confirmation (e badge) at the email you registered with.

You may save the proof of registration email, on your mobile phone (as a pdf file or in the Apple wallet / Android application / MyTicket) or print it to present and scan it in the event's premises for entering the venue.

CREDITS FOR CONTINUING MEDICAL EDUCATION (CME)

The Congress was granted 20 credits of Continuing Medical Education by the Panhellenic Medical Association.

Certificates of attendance will be sent electronically to participants after the end of the Conference. In order for participants to be entitled for a Certificate of Attendance, they should have attended a minimum of 60% of the total hours of the Scientific Program. Also, according to the instructions of the P.M.A. (Panhellenic Medical Association) the above attendance time is a pre-requisite for obtaining the CME Credits.

AUDIOVISUAL EQUIPMENT - TECHNICAL SECRETARIAT

The Conference room is fully equipped with all the necessary audiovisual/digital equipment.

During the conference there will be a technical secretariat to receive the presentations and address any technical issues. Speakers are kindly requested to deliver their presentations to the technical secretariat, at least one hour prior to their scheduled participation.



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General Information

SAFETY MEASURES

- ✓ People with respiratory symptoms and/or fever, are not allowed to enter the Conference area.
- ✓ Masks and gloves will be available for any delegate who wishes to use them.
- ✓ During your stay in the Conference area, it is recommended to respect social distancing.
- ✓ Hand sanitizing devices will be placed in various spots of the Conference venue.
- ✓ There will be frequent natural ventilation of the space and regular checks will be carried out by the security staff and the Conference Secretariat.



DEPARTMENT OF RESPIRATORY MEDICINE
UNIVERSITY OF PATRAS, GREECE



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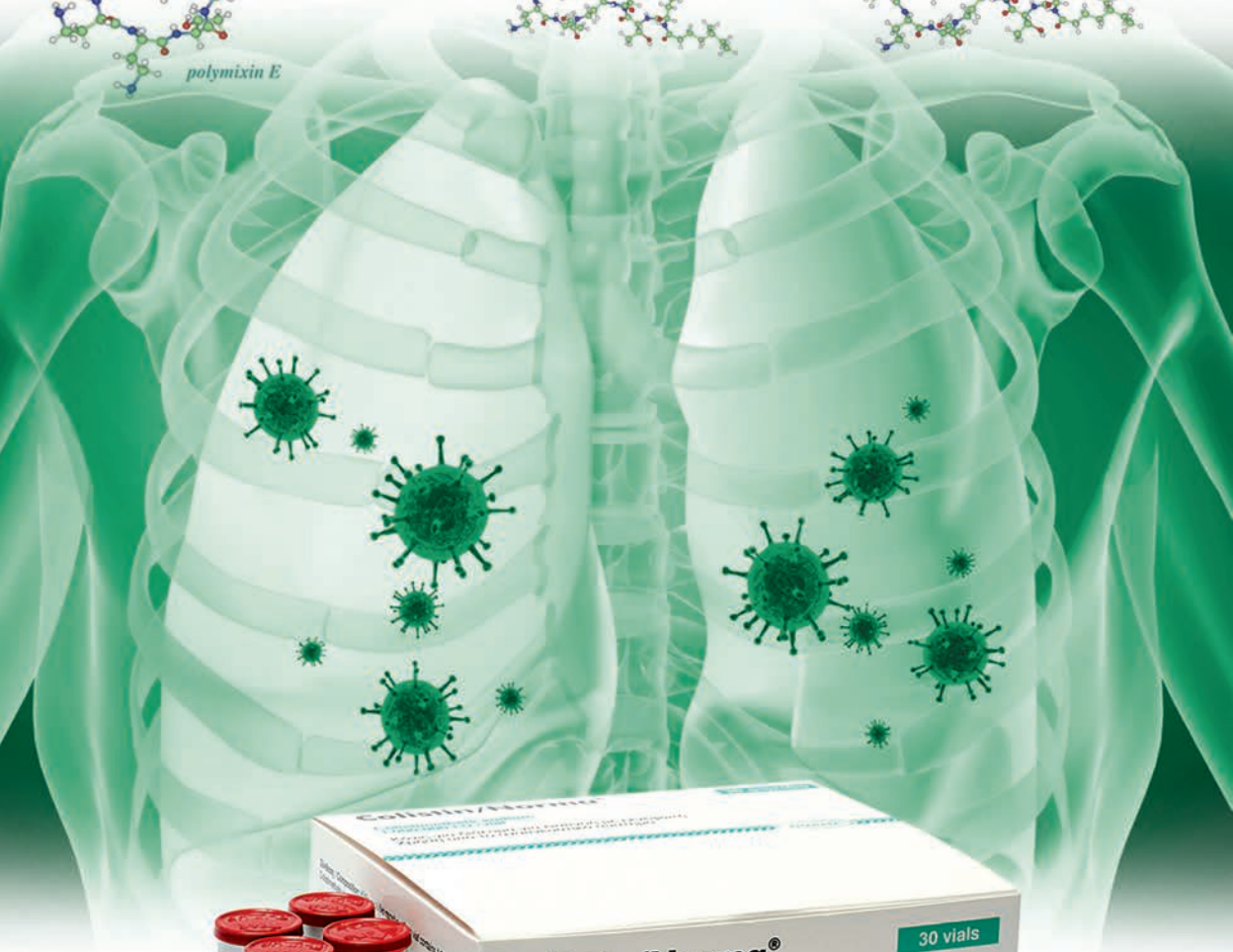
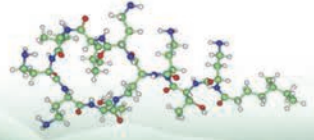
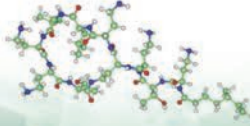
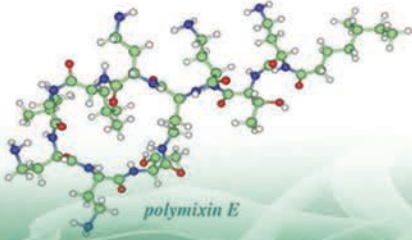
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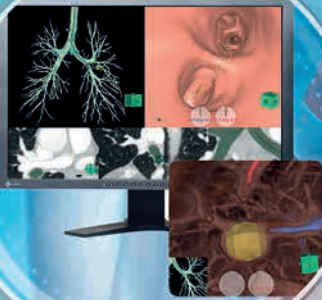
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